

## What is the Area Agency on Aging District 7?

*Your local Area Agency on Aging District 7, Inc. provides services on a non-discriminatory basis in ten counties in southern Ohio.*



*These services are available to help older adults and those with disabilities live safely and independently at home through services paid for by Medicare, Medicaid, other federal and state resources, as well as private pay.*



*Those interested in learning more can call the Agency and speak directly with a nurse or social worker who will assist them with information surrounding the programs and services that are available to best serve their needs.*



### **Ohio Counties Served**

*Adams, Brown, Gallia, Highland, Jackson, Lawrence, Pike, Ross, Scioto and Vinton*



### **Area Agency on Aging District 7**

1 Acy Avenue  
Jackson, OH 45640  
Offices in Jackson

West Union and Wheelersburg

**1-800-582-7277 • TTY – 711**

**www.aaa7.org • info@aaa7.org**

*Services Rendered on a  
Non-Discriminatory Basis*

12.2023

# Caregiver Support Program



**Area Agency on Aging District 7**  
*Helping You Age Better*

# Caregiver Support Program

The Caregiver Support Program is designed to assist caregivers with finding answers about how their caregiving role impacts their life and where to find resources and services to decrease caregiver stress.

The Caregiver Support Program helps the caregiver take care of not only their loved one, but also themselves.

Caregivers may be caring for an older adult, their adult child with a disability, or the caregiver may be a grandparent caring for their grandchildren or a non-relative child.



## Caregiver Support Program Services

Services provided through the **Caregiver Support Program** include:

**Assessments** - *In-person or telephone evaluations to determine what services and resources will assist your situation.*

**Training** - *In-person visits to teach you more about the physical tasks you do everyday.*

**Information/Assistance** - *Books, handouts and monthly newsletters to give you information about caring for yourself and your loved one, as well as linkage to services that can assist you. The Trualta online caregiver portal is also available 24/7 at [aaa7.trualta.com](http://aaa7.trualta.com).*

**Supplemental Services** - *A purchase of a service or product to compliment the care you are providing, such as medical supplies, home safety equipment, legal services and more.*

**Respite** - *Assistance to provide temporary relief from your day-to-day caregiving responsibilities.*

**Answers/Counseling** - *Support to help you solve everyday problems related to your caregiving activities.*

## Eligibility

There are no eligibility requirements for caregivers who wish to receive the following services:

***Assessment, Training, Information/ Assistance and Answers/Counseling.***

Eligibility for ***Respite and Supplemental Services*** is determined at the time of assessment.



### Caring for a Grandchild?

Older adults caring for children must be 55 years of age or older and caring for someone 18 years of age or younger, or be caring for an adult child age 19-59 with a disability.

This does not include natural or adoptive parents.

**Interested or have questions about the Caregiver Support Program?**

**Contact the Area Agency on Aging District 7:**

**Toll Free - 1-800-582-7277**

**TTY - 711**

**e-mail - [caregiver@aaa7.org](mailto:caregiver@aaa7.org)**

**website - [www.aaa7.org](http://www.aaa7.org)**

